

# APPETITES

## Quality Foods

Telephone orders 670808

6 Prospect Hill Douglas

e-mail: [appetites@manx.net](mailto:appetites@manx.net)

[www.appetites.im](http://www.appetites.im)

**This week's choices commencing Monday 20 November 2017**

**Vegetarian soups are marked (v) Gluten-free soups are marked (g)**

	<b>Soup</b> small (8oz) <b>£1.90</b> large (16oz) <b>£2.70</b>	<b>Hot Meat</b> White Baguette £4.95 Brown Baguette £5.25 Sandwich / Bap £4.70	<b>Hot Choice</b> <b>£5.50</b>
<b>Monday</b>	<b>Tomato &amp; Basil</b> (v)(g)	<b>Chicken</b>	<b>Sicilian style meatballs in a spicy tomato sauce with penne pasta with parmesan cheese</b>
<b>Tuesday</b>	<b>Lentil &amp; Bacon</b>	<b>Roast Beef</b>	<b>Yorkshire Pudding Wrap Roast Beef with carrots ,Green Beans, Roast Potatoes, and Gravy with Horseradish Sauce</b>
<b>Wednesday</b>	<b>Leek &amp; potato</b> (v) (g)	<b>Roast chicken breast</b>	<b>Steak pie &amp; peas with homemade chips and gravy</b>
<b>Thursday</b>	<b>Manx Broth</b>	<b>Roast leg of Pork</b>	<b>Spicy Beef &amp; Bean Burrito with guacamole ,salsa, cheese and lettuce</b>
<b>Friday</b>	<b>Chicken And Vegetable</b>	<b>Topside of Beef</b>	<b>Cheese and Bacon Burger with Lettuce, Tomato with Mayo and Chips</b>

<b>Filling of the week</b>	<b>Sweet Chilli Chicken</b> A mix Sweet Chilli Chicken Breast with Cheddar cheese and Tomato , spinach	Sandwich/bap £4.00 White baguette £4.25 Brown baguette £4.55 Wrap or ciabatta £4.55
<b>Salad of the week</b>	<b>Mixed Salad box</b> Lettuce, Tomatloe, Cucumber, mixed Peppers, carrot and sweet corn with a French dressing	<b>£4.00</b>

