

# APPETITES

## Quality Foods

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This week's choices commencing Monday 24 July 2017

Vegetarian soups are marked (v) Gluten-free soups are marked (g)

	<b>Soup</b> small (8oz) £1.80 large (16oz) £2.60	<b>Hot Meat</b> White Baguette £4.95 Brown Baguette £5.25 Sandwich / Bap £4.70	<b>Hot Choice</b> £5.25
<b>Monday</b>	<b>Tomato and Roasted Peppers</b> (g) (v)	<b>Cajun chicken</b>	<b>Asiago Chicken Pasta with Sundried Tomatoes and Spinach</b>
<b>Tuesday</b>	<b>Pea &amp; Ham</b> (g)	<b>Roast leg of pork</b>	<b>Moroccan style Lamb ,tomato sauce, and roasted vegetable,cous cous</b>
<b>Wednesday</b>	<b>Leek &amp; Potato</b> (v)(g)	<b>Roast chicken breast</b>	<b>Steak pie &amp; peas with homemade chips and gravy</b>
<b>Thursday</b>	<b>Carrot &amp; Coriander</b> (v)(g)	<b>Honey roast ham</b>	<b>Grilled Lemon Chicken Wrap with Spicy Garlic Sauce, with tomatoes, Peppers, Lettuce</b>
<b>Friday</b>	<b>Chicken &amp; noodles</b> (g)	<b>Topside Beef</b>	<b>Cod Goujons With homemade chips, mushy peas and tartare sauce.</b>

<b>Filing of the week</b>	<b>Greek Chicken</b> Cucumber, Tomatoes, Peppers, olives with Feta cheese lettuce and honey mustard dressing	Sandwich/bap £4.00 White baguette £4.25 Brown baguette £4.55 Wrap or ciabatta £4.55
<b>Salad of the week</b>	<b>Sweet Chilli Chicken Noodle</b> Chicken breast, spring onions, carrot, mange tout peas and egg noodles in a sweet chilli dressing	£4.00
<b>Panini of the week</b>	<b>Ploughman's</b> Roasted Ham with Mature cheddar cheese, Tomatoes, Lettuce with a Cumberland & Ale Chutney to die for.	£4.25

